

July 2023



Key:
Blue = Virtual
Red = In-Person
Purple = Spanish Speaking
Green = Social Activity

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 <ul style="list-style-type: none"> • 10am: Therapeutic Yoga (at Dharma) • 12pm: Advanced Cancer (In-Person) 	4 <ul style="list-style-type: none"> • Independence Day – CSC Office Closed 	5 <ul style="list-style-type: none"> • 10am: Caregiver (Virtual) • 11:30pm: Mindfulness (Virtual) • 1pm: Grief Support (In-Person) 	6 <ul style="list-style-type: none"> • 11am: Cancer Patient Group (Virtual) 	7	8
9	10	11 <ul style="list-style-type: none"> • 1pm: Quilt Club (at CSC) 	12 <ul style="list-style-type: none"> • 10am: Caregiver (In-Person) • 10am: Advanced Cancer (Virtual) • 11:30am: Mindfulness (Virtual) • 1pm: Grief Support (In-Person) 	13 <ul style="list-style-type: none"> • 11am: Cancer Patient Group (In-Person) 	14 <ul style="list-style-type: none"> • 6pm: Grupo Esperanza (In-Person) 	15
16	17 <ul style="list-style-type: none"> • 10am: Therapeutic Yoga (at Dharma) • 12pm: Advanced Cancer (In-Person) 	18 <ul style="list-style-type: none"> • 1pm: Quilt Club (at CSC) 	19 <ul style="list-style-type: none"> • 10am: Caregiver (Virtual) • 11:30pm: Mindfulness (Virtual) • 1pm: Grief Support (In-Person) 	20 <ul style="list-style-type: none"> • 11am: Cancer Patient Group (Virtual) 	21	22
23	24 <ul style="list-style-type: none"> • 10am: Therapeutic Yoga (at Dharma) 	25 <ul style="list-style-type: none"> • 1pm: Quilt Club (at CSC) 	26 <ul style="list-style-type: none"> • 10am: Caregiver (In-Person) • 10am: Advanced Cancer (Virtual) • 11:30am: Mindfulness (Virtual) • 1pm: Grief Support (In-Person) 	27 <ul style="list-style-type: none"> • 11am: Cancer Patient Group (In-Person) 	28 <ul style="list-style-type: none"> • 6pm: Grupo Esperanza (In-Person) 	29