

Cancer Support Community – CA Central Coast 2022 Annual Report



 **CANCER SUPPORT
COMMUNITY**
CALIFORNIA CENTRAL COAST

1051 Las Tablas Rd. Templeton

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cscslo.org

A MESSAGE FROM OUR DIRECTOR

Dear Friends and Supporters,

As I look back on the year 2022, I am overwhelmed with heartfelt gratitude. Our achievements in this year have been truly remarkable, and I attribute these successes to the unwavering dedication of our exceptional staff, devoted Board of Directors, and passionate volunteers. Together, we have witnessed significant growth in critical areas of support, ensuring that our impact remains meaningful and widespread.

Throughout the year, we introduced a multitude of new programs, expanded our class offerings, enriched our children's, family, and teen programs, continued our invaluable sponsorship of Cancer Well-Fit, sustained thriving support groups, continued our services to patient navigation and one-on-one counseling, initiated vital outreach and support for the Latino community, increased our academic scholarship offerings, and so much more. These achievements represent our commitment to continually enhancing the support we provide to those affected by cancer.

In addition to these accomplishments, we are thrilled to return of our in-person support groups after the challenges posed by COVID-19. The excitement and warmth of in-person gatherings have been truly revitalizing for our community. While we celebrate this return to face-to-face connections, we are equally dedicated to ensuring that virtual support remains accessible to those who may still need it.

Our commitment to connecting local cancer patients and their families to vital resources, both within our community and nationwide, remains steadfast. We are proud to be the sole cancer center on the Central Coast offering support groups led and supervised by Licensed Mental Health Professionals, placing significant emphasis on addressing the mental health aspects of our participants' social and emotional needs.

While we draw inspiration from the history, research, and strength of the larger Cancer Support Community non-profit network, it is crucial to note that we operate independently and rely on the generous support of local families, companies, and donors. We remain committed to expanding our support for those facing cancer in new and innovative ways as we eagerly anticipate further growth and outreach in 2023 and beyond.

With the utmost sincerity,

Londice Sanders Galli



2022 PROGRAMS

- **Caregiver Group**
- **Journaling**
- **Evening Paint Classes**
- **Kids Equine Therapy**
- **In-person Counseling Services**
- **Support Group for Advanced Cancers**
- **Family Social Events**
- **Scholarships**
- **Bilingual Counseling**
- **Evening Mindfulness**
- **Grief Support Program**
- **Evening Education**
- **Empowerment by Decisions Series**
- **Survivorship Support**
- **Community Events**
- **Therapeutic Yoga**
- **Cancer Well-Fit**
- **Grupo Fuerza Y Esperanza**

WHERE YOUR SUPPORT GOES:



136 CANCER PATIENTS AND THEIR FAMILIES

1,049 VISITS TO CANCER SUPPORT COMMUNITY

PROGRAMS AND SERVICES



9

EDUCATIONAL PROGRAMS



163

SUPPORT GROUP SESSIONS



190

COUNSELING SESSIONS



60

HEALTH & WELLNESS PROGRAMS

REVENUE



\$223,203

PLEDGES, DONATIONS & LEGACY GIFTS



\$617,235

FUNDRAISERS



\$37,702

INVESTMENTS & OTHER



\$29,470

CORPORATE & GRANTS

EXPENSES

Business Mgmt

26.4%

Events

18.1%

Programs

55.4%

60% INCOME INCREASE OVER 2021



FREE

social and emotional support for all affected by cancer in the family.

Current and expanding programs include:

- **Support Groups for different ages, stages and needs**
- **Strength and mobility exercise classes**
- **Art, Music and Mindfulness for stress reduction**
- **Educational Seminars**
- **Children & Family Programs**
- **Patient Navigation and Bilingual support**





Ways to Support:
Gifts of Time, Talent or Treasure

Leave a Legacy Gift

Give to the Gifts of Hope

Sponsor an Event

Recruit Sponsors

Donate



**CANCER SUPPORT
COMMUNITY**
COMMUNITY IS STRONGER THAN CANCER

Spread the Word

Be an Ambassador

Join a Committee

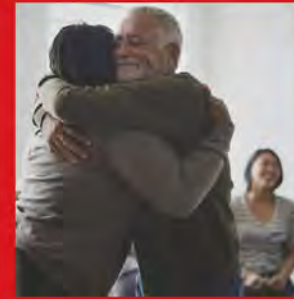
Form a Team

Volunteer

HOPE



EMPOWER



STRENGTH



RESOURCES

SUPPORT



COMFORT



- Support Groups • Yoga • Counseling • Well-Fit •
- Educational Presentations • Socials • Survivorship •
- Latino Programs • Patient Navigation •
- Hats, Wigs and Scarves • Confidential Helpline •

Community is STRONGER than Cancer!



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