

SO THAT  
NO ONE  
FACES  
CANCER  
ALONE



cscslo.org (805) 238-4411  
1051 Las Tablas Rd. Templeton

# 2019

Annual Report



Ensuring that all people  
touched by cancer are  
empowered by knowledge,  
strengthened by action and  
sustained by community.





# SUPPORTING PATIENTS AND FAMILIES

**FREE** social and emotional support for all affected by cancer in the family.

## CURRENT AND EXPANDING PROGRAMS INCLUDE:

- Support Groups for different ages, stages and needs
- Art, music, and mindfulness for stress reduction
- Strength & mobility exercise classes
- Educational presentations
- Children & family social programs
- Patient navigation and Bilingual support
- Individual & group counseling
- Boutique full of handmade hats, wigs and Knitted Knockers
- Helpline

## WAYS TO GIVE

Gifts of Time, Talent or Treasure

### Volunteer Your Time

We are always looking for volunteers to help work at our events, to fill in at the office, facilitate groups or activities and to help spread the word about our work.

### Be an Ambassador

Join a committee

### Leave a Legacy Gift

Remember us in your Will or Trust

### Form a Team

Join the 500 Club

Give 500 dollars each year for 5 years or more

### Become a Sponsor

Sponsor a program class or event

### Receive a Sponsor

Donate

## ANNUAL FUNDRAISERS

**Tour of Paso**  
Cycling Ride & Lunch  
SPRING 2020

**Harvest Hope & Healing**  
Wine Gala & Auction  
SUMMER 2020

**Fryer's Club Roast**  
Tapas Social & Auction  
FALL 2020

**Lights of Hope**  
Tree lights in Paso's  
Downtown Park  
WINTER 2020



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# 2020 NEW ADDITIONS

- Metastatic Breast Group
- Couple Support through Cancer
- Additional Virtual Options
- Journaling
- Weekly Healthy Lifestyle Programs including tai chi, mindfulness and yoga
- Expanded counseling services
- Evening Counseling Sessions
- New counseling services offered to rural areas using telehealth
- Additional Family Social Events
- Increased funds for a Scholarship helping college applicants affected by cancer
- Live Streamed Educational Presentations

Dear Friends of Cancer Support Community,

It is with humble gratitude that I share about our successful 2019. With much hard work from our amazing staff, Board of Directors and volunteers we have found stability in our finances and grown in many new and important ways. This year we saw the addition of many new programs, educational talks carried throughout the calendar, new classes, expanded art programs, continued sponsorship of Cancer Well-Fit in Paso Robles, the continuation of successful support groups, patient navigation, the addition of one-on-one patient and family counseling, Latino groups, a new academic scholarship, and so much more.

We also continue to connect local patients and families to resources beyond our scope, both locally and nationally. Our commitment and focus has stayed on the patients and the families affected by cancer, and they have been our guide in growing the programs in the direction with the highest need. We are the only cancer center on the central coast to offer all of our support groups led and supervised by licensed mental health professionals, so that mental health stays a primary focus in supporting the social and emotional needs of our participants.

We are guided by the history, research, and strength of the larger Cancer Support Community non-profit network, but we are entirely independent and locally funded through the generous support of local families, companies and donors. If you know local people affected by cancer, we are here to help, with more than 40 calendar offerings each month. We continually strive to widen our support to those affected by cancer, in new and different ways. We look forward to expanding our services and reaching even further into 2020 and beyond!

Most Sincerely,

Shannon D'Acquisto  
Executive Director

# 2020

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Most Sincerely,

A handwritten signature in black ink that reads "Shannon D'Acquisto".

Shannon D'Acquisto  
Executive Director

# 2019

AT A GLANCE

## REVENUE



\$400,000  
Fundraisers



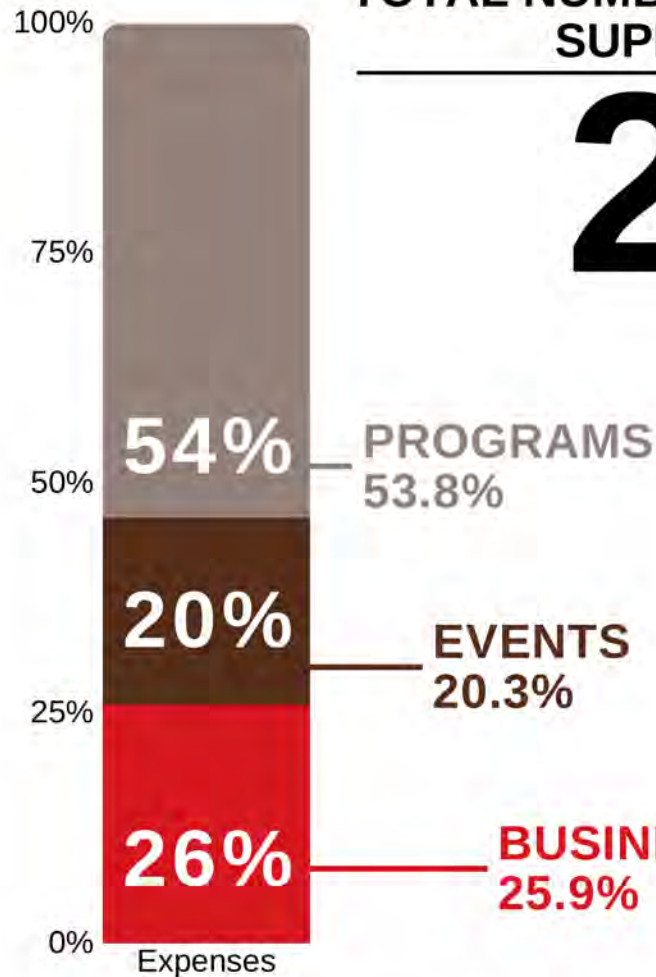
\$200,000  
Pledges, Donations & Legacy Gifts



\$41,000  
Corporate & Grants



\$28,000  
Investments & Other



TOTAL NUMBER OF VISITS TO CANCER  
SUPPORT COMMUNITY IN 2019

2,392

PARTICIPANTS  
SERVED

338



EDUCATIONAL  
PROGRAMS



CHILDREN &  
FAMILY  
PROGRAMS



SOCIAL  
ACTIVITIES



COUNSELING  
SESSIONS



HEALTHY  
LIFESTYLE  
PROGRAMS



SUPPORT GROUP  
SESSIONS